

Contact

Your local clinic:

Warner Lakes Family Practice

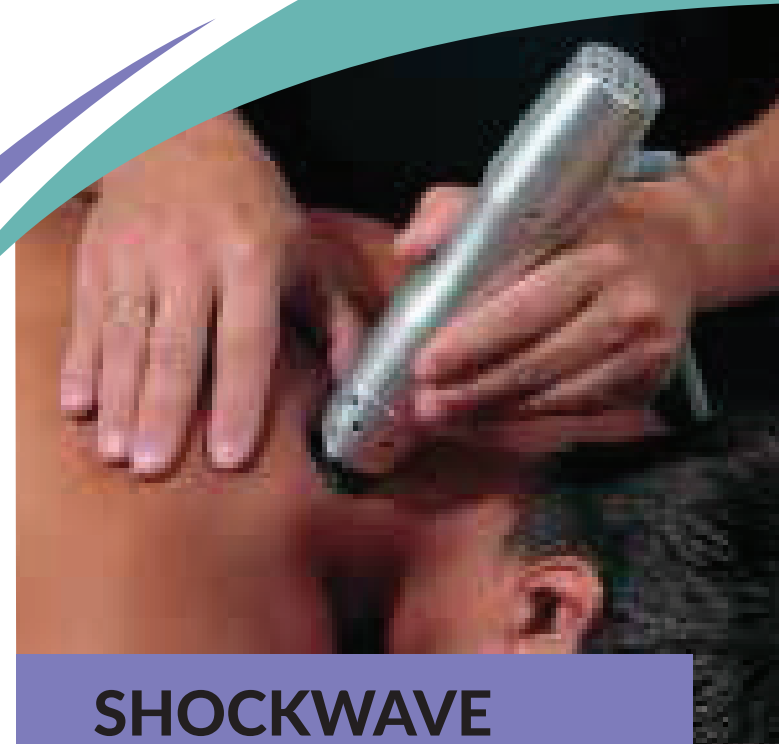
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What you need to know



SHOCKWAVE THERAPY

What is

SHOCKWAVE THERAPY?

Extracorporeal shockwaves are pressure waves that are generated acoustically. A common example of an acoustic pressure wave is the sound of thunder following a lightning strike.

To generate a shockwave for therapeutic purposes a shockwave device is used which generates a mechanical impact within the device. This creates a pressure wave which travels forward into the body. Treatment is quick and well tolerated by patients.

SHOCKWAVE THERAPY

can be used to treat the following conditions:

Please speak to your health practitioner if you are experiencing any of the following:

Tendinopathy

- Shin splints
- Tennis and Golfer's elbow
- Rotator cuff tendinopathy
- Achilles tendinopathy
- Patella tendinopathy (Jumper's knee)
- Quadriceps tendonitis
- Hand tendons
- Hamstring tendonitis
- Foot tendons
- Bicep/tricep tendonitis

Muscle, Myofascia & Trigger Points

- ITB syndrome
- Trapezius trigger points
- Rotator cuff
- Piriformis syndrome
- Gluteal pain
- Hamstrings, Calves, Quadriceps

Bone Spur

- Bony heel spur
- Haglunds deformity
- Elbow spur
- Ankle joint line, Toes, Fingers

Calcific Tendonitis

- Achilles tendon
- Rotator cuff
- Medial/lateral epicondyles
- Patella tendon
- Quads, Bicep, Triceps, Peroneal tendon

Fasciitis

- Plantar fasciitis

Bursitis

- Metatarsal
- Retro calcaneal
- Pes anserinus
- Infra patella
- Supra patella
- Pre patella
- Popliteal bursa
- Trochanteric
- Ischial
- Sub acromial
- Deltoid
- Olecranon

Reference: Wimpenny P. 2018. Shockwave Theory Education. [Online] (Updated 2/2/2018).

For more information, please visit:

www.shockwavetherapy.education

